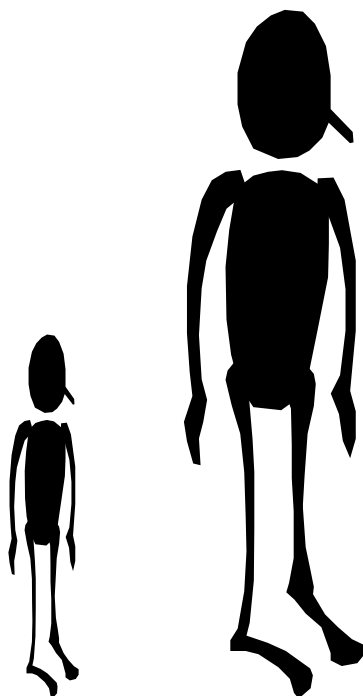


# What is Mentoring?



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# What is Mentoring?

## A mentor is:

- ❖ A wise and trusted friend
- ❖ A good listener; someone who cares
- ❖ Someone who has been there
- ❖ Someone to help you get to where you want to go

## A mentor isn't:

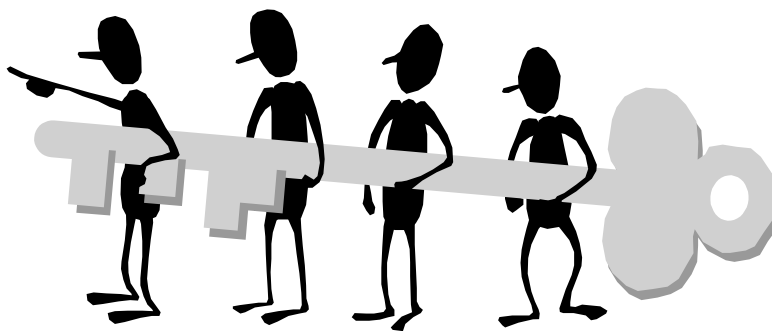
- ✓ An ATM machine
- ✓ A movie pass
- ✓ A chauffeur
- ✓ A nag

## How can mentors help? A mentor can help you:

- find a job
- prepare for college or other training
- explore career possibilities
- plan your wardrobe
- meet successful people
- stay motivated and focused on your goals with your studies
- learn how to make money
- learn how to buy a car
- learn how to apply for school tuition assistance
- pursue sports interests
- learn how to type and use a computer
- learn how to fix a car
- help you deal with problems at home or at school

## Can I have more than one mentor?

It's okay to have more than one mentor. In fact, it's **SMART**. Do what most successful people do: assemble a team of experts. Think of them as your very own "mentoring team."



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